

GUIDE TO SPORTS FACILITIES AND ACTIVITIES
SUMMER 2026

SAINTS
GERVAIS

— MONT-BLANC —

ÉMOTIONS ALPINES
ALPINE EMOTIONS



SAINTGERVAIS.COM

SWIMMING POOL COMPLEX

798 avenue de Miage
74170 Saint-Gervais
Tel.: +33 (0)4 50 93 42 87
piscine@saintgervais.com



POOLS AND WELLNESS FACILITIES

- **Indoor pools:** 25 m pool (6 lanes). Shallow end 1.40 m. Deep end 1.80 m. Paddling pool with water games. Learning pool.
- **Outdoor pool with slide:** 17 m pool. Shallow end 1m. Deep end 1.80 m. Grass area around pool.
- **Wellness facilities:** sauna, steam room, solarium.

DRINKS & SNACKS

Cold drinks, hot drinks and sweets are available from vending machines within the building. Possibility to leave the pool, eat at La Maison des Pratz and return to the pool.

RATES

Full price.....	5.50 €
Swimming pool + wellness area	11 €
Reduced rate*	4.50 €
Free entry**	for under 5s and over 75s
Family rate***	reduced rates for the whole family
Supplementary fee for wellness facilities	6.50 €

Access to wellness facilities from age 15+.

* Children aged 5 to 14, disabled swimmers, high school students, seniors aged 65+, big families, groups of 10+ and members of the association Vivre à Saint-Gervais.

** Person accompanying a disabled swimmer.

*** 2 adults and minimum 1 child aged 5 to 14.

ACCESS

With the exception of the paddling pool, all facilities are equipped with a lift system for disabled access.

OPENING TIMES



SUBSCRIPTIONS

ANNUAL SUBSCRIPTION

Full price	216 €
Reduced rate	174 €
Swimming pool + wellness facilities	324 €
Mandatory rechargeable token	4 €
* Children aged 5 to 14, disabled swimmers, high school students, seniors aged 65+, big families and groups of 10+.	
** Person accompanying a disabled swimmer.	
*** 2 adults and minimum 1 child aged 5 to 14.	
**** Non-personal subscription, valid for 12 months from the date of purchase.	

12 ENTRIES

Full price	54 €
Reduced rate	44 €
Pool & wellness facilities, full price	108 €
Pool & wellness facilities, reduced rate	98 €
Mandatory rechargeable token	4,5 €

*The pools are evacuated 20 minutes before closing time and the wellness facilities 30 minutes before closing time. **Swim shorts and boxer shorts are not permitted.***

ACTIVITIES

Reservations, required for the below activities, are to be made online at loisirs.saintgervais.com. Please arrive at least 10 minutes before the start of your chosen activity.

AQUABIKE..... 10 €/session

This energetic activity improves cardio and strengthens the muscles of the lower body. Non-traumatic for the joints, aquabike improves circulation.

Monday: 12:30 to 13:15 and 18:30 to 19:15

Wednesday: 12:30 to 13:15

Friday: 12:30 to 13:15 and 19:15 to 20:00

Price: 10 € per session or 12 sessions for 99 €

AQUA CARDIO SCULPT..... 10 €/session

Session with fins and weights to strengthen core muscles and improve cardio. Good level of swimming necessary.

Wednesday: 19:15 to 20:00

Price: 10 € per session or 12 sessions for 99 €

CIRCUIT TRAINING..... 10 €/session

A high-intensity activity performed in rotation: aqua bike, paddles, trampoline and treadmill.

Wednesday: 19:15 to 20:00

Price: 10 € per session or 12 sessions for 99 €

AQUAGYM..... 10 €/session

Summer special from 2nd June to 27th August.

A moderate-level activity, with or without accessories, destined to strengthen and tone. Accessible to all.

Tuesday: 12:30 - 13:15

Thursday: 12:30 - 13:15

Price: 10 € per session or 12 sessions for 99 €



WELLNESS FACILITIES

To relax:

- Saunas
- Steam room
- Solarium
- Drinking water fountain



BABY SPLASH

For children aged 6 months to 3 years.

A fun and gentle approach to water in a pool heated to 32°C. Lifeguards on site to welcome and advise.

Saturday: 09:00 to 09:45 and 09:45 to 10:30

Price: 11 €

NEW: INFANT SPLASH SESSIONS

For children aged 3 to 4.

A fun, confidence-building approach to water, from the shallow end of the pool to the deep end. If a child is not yet potty-trained, swim nappies are compulsory. The price includes admission for the child only. Parents are welcome to wait in the cafeteria.

Saturday: from 10:30 to 11:00

Price: 11 €



SWIMMING LESSONS

Lessons for novice swimmers or lessons to improve your strokes.

For adults and children age 4+ .

To book directly with the lifeguards, please call:

+ 33 (0)4 50 90 52 45

+33 (0)4 50 93 42 87

or send an email to: mns@saintgervais.com

30-minute private lesson..... 30 €

Five 30-minute private lessons..... 130 €

Ten 30-minute private lessons 250 €

30-minute group lesson (min 2 people) 25 €/pers

Five 30-minute group lessons 110 €/pers

Ten 30-minute group lessons 200 €/pers

ICE RINK

67 impasse de la Cascade

74170 Saint-Gervais

Tel.: +33 (0)4 50 93 50 02

patinoire@saintgervais.com



Saint-Gervais boasts an indoor ice rink open to all. Equipment is available on site to help your children take their first steps on the ice, including a sledge for skaters with reduced mobility. The rink seats 1,800 spectators and is home to the Mont-Blanc Hockey Club, the Saint-Gervais Sporting Hockey-Club, Ice Dance Club and Curling Club.

OPENING TIMES



RATES

Full price 5 €

Reduced rate* 4 €

Family admission*..... 4 €

Group admission, 10 people+ 3.50/person €

Skate hire 3.20 €

**Under 14s, over 65s, large families, high school students and disabled visitors. Family rate: reduced rate per person, minimum 2 adults + 1 child.*

ACTIVITIES



ICE SKATING

Recently renovated olympic- size indoor ice rink, suitable for every generation, with friends and family!



ICE DANCING

Discover the pleasures of skating...

The Saint-Gervais Mont-Blanc Skating Club is an ice dance school run by Isabelle Delobel Roux, World Pairs Champion in 2008. The club proposes a full range of courses at all levels, beginners' and recreational courses for children aged 4 upwards plus courses for teenagers and adults who want to learn to skate or improve their technique. The club also runs competition courses at all levels to ensure the continual progression of its members. A friendly club for a pleasurable skating experience.

More information available at:

saintgervaismontblancpatinage@gmail.com
www.saintgervais-patinage.com

ICE HOCKEY

Mont-Blanc Hockey Club, welcomes boys and girls from age 5 upwards and adult players (from beginners to passionate veterans). Ice hockey is taught in a playful manner, under the guidance of state-qualified instructors for whom performance and fun go hand in hand. Every year, the youth and teenage teams competing in regional and national championships, aim to reach the final rounds for the pleasure of succeeding together! The youngest teams play under the junior Yétis while the teenagers train under the HC74, in alliance with Chamonix and Morzine, to encourage the highest level of play. In addition to matches, championships and tournaments, Mont-Blanc Hockey club organises friendly matches for the general public, in summer and winter. A great opportunity to discover the sport in a friendly atmosphere.

Information: www.montblanchockey.fr

Contact: info@montblanchockey.fr



The ice rink in Saint-Gervais is also home to the Pays du Mont-Blanc Hockey Club and it's team, the "Yétis", who compete in the French 1st Division Championships. Born from the merger of Saint-Gervais and Megève in 2002-03, the Yétis are highly committed and have been achieving good results for several seasons. Don't miss your chance to watch them play during the upcoming season, from September 2026 to April 2027.

Match programmes available at:

www.saintgervais.com and www.hcmontblanc.com

CURLING

An Olympic ice sport for all age groups, curling demands skill, finesse, concentration, endurance and strategy. A team effort, it encourages friendship and fair play. Come and discover the spirit of the sport!

The curling season runs from September to late April. **Reservation compulsory 48 hours in advance.**

Introductory sessions:

Adults aged 15+

Children aged 12 +

Minimum age required: 12 years

Contact Didier Rossi at: didier.rossi73@orange.fr



ICE GARDEN

- Games and activities on the ice
- Entertainment with the resort mascot, Charlotte the Marmot.

Suitable for children aged 3 to 12 accompanied by an adult.

FROM 8TH TO 22ND JULY

Tuesdays from 17:00 to 19:00*

FROM 29TH JULY TO 11TH AUGUST

Tuesdays from 15:00 to 17:00*

Children will enjoy a fun introduction to the ice under the watchful eye of Charlotte the Marmot.

**Sessions may be cancelled due to events at the ice rink.*

Full price 5 €

Reduced rate** 4 €

Skate rental..... 3.20 €

**under 14, over 65, large families, students under 18 and people with reduced mobility. Family rate: minimum 2 adults + 1 child, the whole family gets a reduced rate.*



SPORTING CLUB

798 avenue de Miage
74170 Saint-Gervais
Tel.: +33 (0)4 50 93 41 83
tennis@saintgervais.com



The "Sporting Club" in Saint-Gervais is home to a range of activities for all the family, including a pool complex, tennis courts and a mini-golf course.

MINIGOLF SAINT-GERVAIS

Book your session online at: loisirs.saintgervais.com
Clubs available from the restaurant La Maison des Pratz.

Adults	4 €
Children age 5 to 14	2.75 €
Family rate*	2.75 €
Under 5s	free of charge
Over 75s	free of charge

*Family rate : minimum 2 adults + 1 child.

FROM 15TH JUNE TO 15TH SEPTEMBER

Every day from 10:00 to 21:00.

Closed in wet weather.

MINIGOLF LE BETTEX

Located at the start of the forest trail in Le Bettex.

FROM 23RD JUNE TO 6TH SEPTEMBER

Clubs and balls available from Claude Penz Sports during opening hours - located below the gondola station.



The restaurant La Maison des Pratz welcomes all the family this summer.

TENNIS

Book your court online at: loisirs.saintgervais.com

SAINT-GERVAIS

Clay courts open

FROM 21ST MAY TO 5TH OCTOBER

6 outdoor courts: 4 clay (🟢) and 2 quick courts (🔴).
Racket rental at the restaurant La Maison des Pratz.

ANNUAL SUBSCRIPTION

Annual for quick courts, seasonal for clay courts.

Adults	110 €
Child under 15 or family of 4.....	39 €/person
Family of 3 (2 adults & 1 child under 15)	39 €/pers.
Keycard	2 €

N.B. One reservation/day. Members/Subscribers must declare another member, subscriber or guest in order to reserve a court.

GUESTS OF A MEMBER/SUBSCRIBER OF THE PASSY SAINT-GERVAIS MONT-BLANC TENNIS CLUB

Quick courts	9.20 €
Clay courts.	12.30 €
Keycard	2 €

N.B. It is the subscriber or member who declares a partner on the software.

INDIVIDUAL OCCASSIONAL PLAY

Quick court	18 €
Clay court	24.5 €
Keycard	2 €

NB: Price/court. No limit to the number of players.

LE FAYET (FREE OF CHARGE)

OPEN YEAR-ROUND

2 Quick courts

LE BETTEX (FREE OF CHARGE)

OPEN FROM JUNE TO OCTOBER

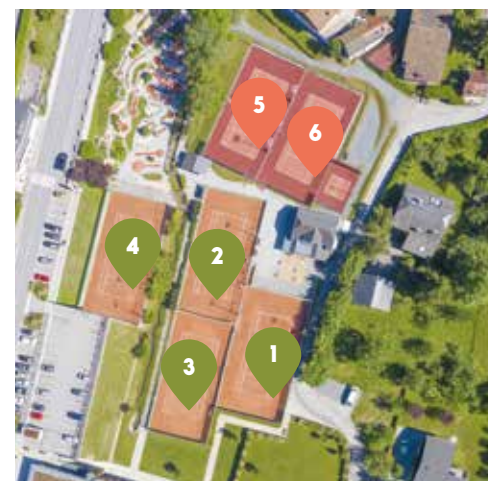
2 Quick courts

Tennis courses with Jean-Lou Fabbro.

Individual and group lessons, baby tennis or mini tennis classes, for novice and advanced players.

Information and reservations:

Call Jean-Lou Fabbro on +33 (0)6 81 99 11 27
jeanlou.fabbro@gmail.com



OUTDOOR ACTIVITIES



PUMP TRACK

Accessible to all, year-round, the pump track in Saint-Gervais boasts a succession of modules to ride or jump depending on your level. The aim is to complete the circuit, over bumps and hollows without pedalling or pushing but by pumping to generate speed.

Whether you're on a skateboard, roller blades, a scooter or a bike, the pumptrack - open to beginners and more experienced riders alike - comprises two distinct zones:

- A zone with two loops, one blue and one red, designed for older and more experienced riders.
- A second, easily accessible green zone for younger, more novice riders.

For snowboarders and skiers, the pumptrack is the ideal summer training activity, in preparation for the winter season.



SKATE PARK

Located on the Plaine des Pratz, just a stone's throw from the ever-popular Pump track, this 550 m2 area comprises a main concrete 'Bowl' section and a second 'Street' section with fun modules.

FOOTBALL PITCH

Come and discover the sand covered football pitch, located on the Plaine des Pratz. The facility complies with the official dimensions for 4-a-side football. Fans of the game can enjoy playing here, in a unique alpine setting.

OUTDOOR PLAY AREAS

Saint-Gervais boasts a choice of playgrounds:

- In the Thermal Park in Le Fayet
- In the Jardin Public in Saint-Gervais
- At the heart of Saint-Nicolas-de-Véroce

Swings, slides, climbing frames and other fun modules on site.

BIKE PARK

The bike park in Saint-Gervais comprises a choice of wooden modules and 4 trails for different levels: green for beginners, blue for intermediates, red for advanced riders and black for experts. An ideal playground for mountain bike enthusiasts and those in search of new sensations!

Necessary protective gear

- Wearing a helmet is compulsory.
- We strongly advise riders to wear goggles, gloves, elbow pads, knee pads and a back protector.



MULTISPORTS GROUND IN LE FAYET

24 x 13 metres, this outdoor astro turf ball sports ground is entirely fenced in and ideal for football, handball, basketball and volleyball.



CHARLOTTE THE MARMOT TRAIL IN LE BETTEX

Take a walk with your family along the Charlotte the Marmot alpine trail.

Start: Le Bettex alt. 1400m

Finish: Les Communailles alt. 1420m

Duration: 45- 60 minutes walk

Level : Easy

Accessible from the Bettex gondola.

Learn more about your surrounding alpine environment and the wild animals that live here.

ALONG THE PATHS & TRAILS



When the weather is fine, discover what the mountains have to offer in summer. Enjoy the 180 km of signposted trails or ride the Mont-Blanc Tramway, the highest rack-and-pinion railway in France.

FITNESS TRAIL IN SAINT-NICOLAS DE VEROCE

Recharge your batteries and enjoy views of the Dômes de Miage along a fitness trail above the village of Saint-Nicolas de Véroce. Starting along the Chemin des Bouquetins, opposite the football pitch, this trail boasts a range of workout stations designed to tone every muscle in the body.



THE SUMMER APP

Information on hiking trails, their duration and difficulty is available on the free Saint-Gervais app.



HIKING TRAILS

From the valley to the highest peaks, via the mountain pastures, Saint-Gervais is home to over 180 km of signposted trails and footpaths. Enjoy magnificent panoramic views of the Mont-Blanc range along the mountain trails above Le Bettex or from the village of Saint-Nicolas-de-Véroce.

A choice of itineraries

Choose from a leisurely family stroll, a more challenging hike or a fun heritage trail. There's something for everyone!

Hiking fact sheets – from family walks to day-long treks – are available for purchase at the Tourist Information Office.



ORIENTEERING COURSES

Saint-Gervais boasts six free orienteering courses for families. On the agenda: puzzles to solve, clues to find and questions to answer. Each marker is located next to a landmark in the village or a natural treasure. The perfect activity to help children develop their sense of direction, discover local heritage and have fun in the great outdoors!

Information and leaflets available from the Tourist Information Office.

A free hiking map is available on request from the Saint-Gervais Tourist Information Office. Discover 11 proposed itineraries – from scenic walks to more challenging routes for experienced hikers – there's something for every level!

For more information, visit:
www.saintgervais.com



CYCLING ACTIVITIES



La Vallée, a red downhill trail reserved for mountain bikes (MTB), electric bikes (e-bikes) and all-terrain wheelchairs (manual or electric), runs between Le Bettex and Le Fayet via Monts Rosset. Possibility to access the Châtelet gondola station.

Some sections are shared with pedestrians and farmers, requiring caution and courtesy from all users. Appropriate signage will be installed to ensure safe use by all.



LA WIZZ

A pleasant downhill run between forest and mountain pastures, La Wizz is the perfect trail to discover mountain biking whilst enjoying the beautiful scenery.

ROAD CYCLING

The route from Saint-Gervais to Le Bettex is set to become a famous climb!

Following the passage of the Critérium du Dauphiné and the Tour de France cycling races, the region has decided to include the "Montée du Bettex" amongst its more remarkable climbs.

This ascent, which combines scenic beauty with technical challenges, will be equipped with distance markers - from the station in Le Fayet to the finish Le Bettex.



MOUNTAIN BIKING

This summer, discover a selection of enduro and e-bike itineraries, recently remodelled to improve access and create a smoother ride.

Specific e-bike circuits enable visitors to discover the 4 villages in resort: Le Fayet, Saint-Gervais, Saint-Nicolas and Le Bettex.. Choose where to start and where to finish, according to your level of skill and ambition.



CLIMBING FACILITIES



VIA FERRATA

The Via Ferrata above the Thermal Park in Saint-Gervais Le Fayet leads you through preserved natural surroundings (starting from Saint-Gervais or Le Fayet). Enjoy this sporty adventure whilst respecting the necessary safety measures.

- Starting point in the Thermal Park: 620 m altitude
- Finishing point: 750 m altitude

This Via Ferrata is divided into 3 sections:

- **lower section AD+** (Quite difficult +)
- **intermediate section D+** (Difficult +)
- **upper section TD+** (Very Difficult +)

Estimated duration: 3 1/2 hours

The Compagnie des Guides de Saint Gervais - Les Contamines and Evolution 2 both propose supervised outings to safely discover this thrilling activity.

THE TOPO

Le Topo, a friendly climbing facility for all levels, is equipped with climbing routes, bouldering blocks, automatic belay devices and a children's area. Whether you're a novice or professional climber, come and practice at your chosen pace in a safe and welcoming environment. Plus, to recharge your batteries, enjoy a selection of homemade snacks made with organic local produce - served in the chill zone or on the terrace!

No reservation required. Options on site include membership, annual courses and private lessons.

Adults: 18 € - Seniors: 17 € - Pro: 16 €

Other mountain professionals, CAF, FFME: 17 €

Students and/or under 25s: 15 €

Under 16s: 12 €

More information available online at: letopo.fr

ROCK CLIMBING - LE FAYET

A well-equipped natural climbing wall, located in the Thermal Park in Le Fayet, is the ideal venue to learn the basics of rock climbing. Ideal for kids, the facility is set in large, flat grounds with grass

Free access

TREETOP ADVENTURE PARK

7 courses of varying difficulty for all age groups, from budding adventurers to experienced sports enthusiasts. Come and try the zip line circuit!

A birthday to celebrate? Contact us to organise a memorable event!

Courses for infants aged 3 to 6 13 €

Bigger courses:

For children aged 7 to 14 18 €

For teenagers and adults 24 €

New: Family package (2 children + 2 adults) 75 €

Mont-Blanc Adventure Park

Parc Thermal, Allée de l'Escalade, 74170 LE FAYET
+33 (0)6 61 84 39 09

info@montblancparcaventure.com

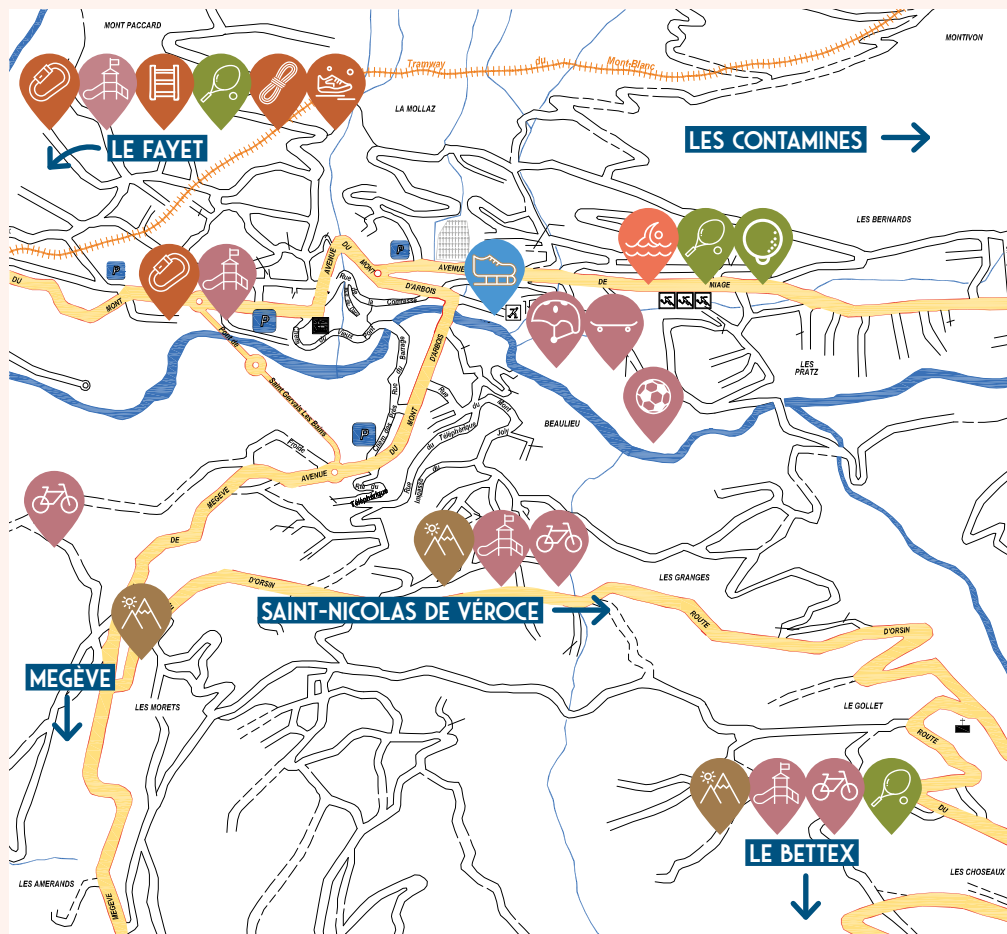
Reservations recommended.

From 7th to 28th June, open every Saturday from 13:30 to 17:30.

From 1st July to 30th August, open every day from 10:00 to 18:00 (last start at 17:00).

In bad weather the park may be closed. If in doubt, please call to check.





 **PLAYGROUNDS**
 **BIKE PARK**
 **PUMP TRACK**
 **SKATE PARK**
 **FOOTBALL PITCH**

 **VIA FERRATA**
 **CLIMBING**
 **ADVENTURE PARK**
 **MULTI-SPORT PITCH**

 **ICE RINK**
 **SWIMMING POOL**
 **HIKING**
 **MINI GOLF**
 **TENNIS COURTS**

CONTACT DETAILS

ACTIVITIES IN SAINT-GERVAIS

WWW.SAINTGERVAIS.COM

SWIMMING POOL

798 avenue de Miage
Saint-Gervais
Tel.: +33 (0)4 50 93 42 87

ICE RINK

67 impasse de la Cascade
Saint-Gervais
Tel.: +33 (0)4 50 93 50 02

CLIMBING WALL

Thermal Park
Le Fayet
Tel.: +33 (0)4 50 47 76 08

TREETOP ADVENTURE PARK

Thermal Park
Le Fayet
Tel.: +33 (0)6 61 84 39 09

VIA FERRATA

Thermal Park
Le Fayet
Tel.: +33 (0)4 50 47 76 08

TENNIS COURTS

798 avenue de Miage
Saint-Gervais
Tel.: +33 (0)4 50 93 41 83

PLAYGROUNDS

- . In the Thermal Park in Le Fayet
- . In the public gardens in Saint-Gervais
- . In the centre of Saint-Nicolas de Véroce
- . Above the gondola station in Le Bettex



SAINT-GERVAIS TOURIST INFORMATION OFFICE

43, rue du Mont-Blanc - F-74170 Saint-Gervais

Tel: +33 (0)4 50 47 76 08 - www.saintgervais.com - tourisme@saintgervais.com

SAINT-GERVAIS LEISURE PASS

ON SALE
AT THE SAINT-GERVAIS
TOURIST INFORMATION OFFICE

ENJOY UNLIMITED ACCESS TO

The Evasion mountain lifts*,
swimming pool, mini-golf, ice rink,
library, Museum of Sacred Art,
Maison Forte de Hautetour
and La Cure cultural hub.

*Evasion lifts open during the 2026 summer season.

SCAN THE QR CODE AND ENJOY OTHER
DISCOUNTS WITH OUR RESORT PARTNERS.



The information and prices in this brochure are a guideline only and may be subject to modification.
The Tourist Information Office may not be held responsible for any changes.